Garden Planning

This is a crop guide for gardeners in zone 7, Southeastern United States. Included are common crops for this region. Please note, this is not a comprehensive list of all crops which grow in this region.

Easy to Grow Crops

Are you new to gardening? Below is a list of suggested crops to plant during your first gardening season. Depending on weather and location planted, some may grow more successfully than others. Be sure to plant seeds during their appropriate seasons.

- Asparagus
- Beans
- Beets
- Broccoli
- Cabbage
- Cucumber
- Garlic
- Greens
- Kale
- Kohlrabi
- Lettuce
- Okra
- Onions
- Parsnip
- Peas
- Peppers, hot
- Radishes
- Rutabaga
- Shallots
- Spinach
- Sunflowers
- sweet potatoes
- Swiss chard
- Tomatoes
- Watermelon
- Winter squash

Slightly Challenging Crops

Have some experience with gardening? Want to branch out a little? Try these crops.

- Beans, Pole
- Carrots
- Corn
- Edamame
- Eggplant
- Greens, Asian
- Leeks
- Melons
- Onions, bulbing
- Peanuts
- Peppers, sweet
- Potatoes
- Spinach
- Squash
- Tomatoes, slicing

More Challenging Crops

Looking to build your skills or try something new? Try growing these more challenging crops.

- Artichokes
- Beans, runner
- Brussels Sprouts
- Celery
- Fava Beans
- Pumpkins, large varieties